

Nurtureshock: Unraveling the Surprising Truth About Children



Nurtureshock: New Thinking About Children by Po Bronson

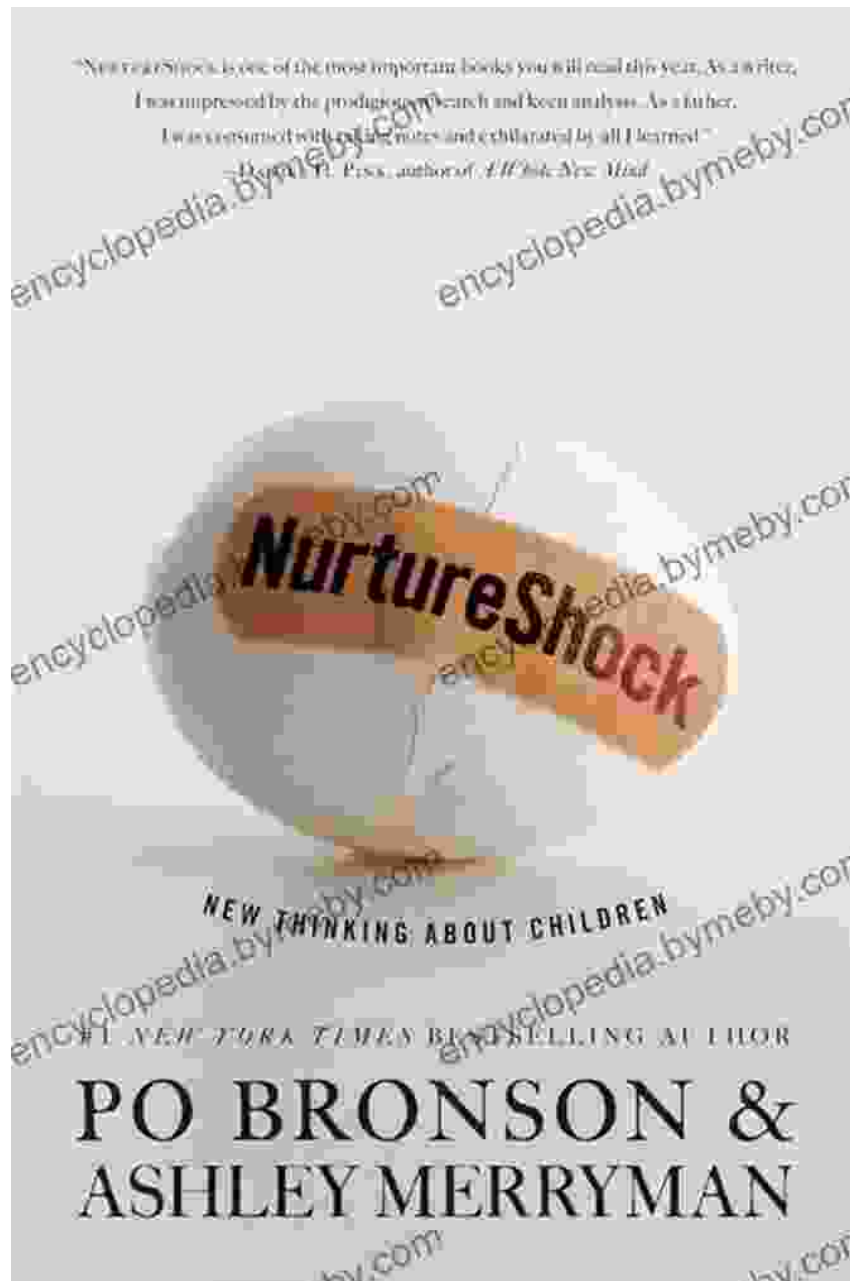
★★★★☆ 4.6 out of 5

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Enhanced typesetting : Enabled
X-Ray : Enabled
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Print length : 319 pages

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Prepare to Be Astounded

Get ready to challenge everything you thought you knew about children. 'Nurtureshock: New Thinking About Children' by Po Bronson and Ashley Merryman is a groundbreaking work that will revolutionize your understanding of child development.

Based on cutting-edge scientific research, this book exposes the myths and misconceptions that have long influenced our parenting and educational practices. It unveils the astonishing truth about how children learn, grow, and thrive, empowering you to unlock their full potential.

Shattering Myths and Unveiling Truth

- Discover that praise can actually stunt growth and undermine motivation.
- Learn how adversity can forge resilience and shape a child's character.
- Understand the importance of autonomy and how giving children choices fosters independence.
- Explore the power of storytelling and imagination in shaping children's cognitive and emotional development.
- Uncover the surprising role of genetics in shaping a child's personality and abilities.

With each chapter, 'Nurtureshock' challenges conventional wisdom and offers evidence-based insights that will transform your approach to raising, teaching, and interacting with children.

A Paradigm Shift in Child Development

This book is not just a collection of fascinating findings; it's a call to action. Drawing on the latest scientific evidence, Bronson and Merryman advocate for a fundamental shift in our approach to child development. They emphasize the importance of:

- Creating environments that foster growth and resilience.

- Adopting a growth mindset that celebrates effort and perseverance.
- Encouraging children to take risks and learn from mistakes.
- Providing opportunities for children to develop autonomy and self-regulation.
- Recognizing the unique strengths and needs of each child.

Empowering Parents, Educators, and Caregivers

'Nurtureshock' is an invaluable resource for parents, educators, caregivers, and anyone interested in the well-being of children. It provides a comprehensive understanding of child development, empowering you to make informed decisions that will nurture their growth and fulfillment.

With its engaging narrative, relatable examples, and thought-provoking insights, 'Nurtureshock' is a must-read for anyone who wants to unlock the full potential of children.

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