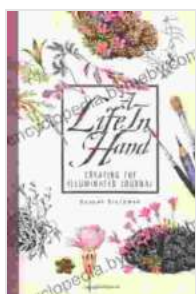


# Life In Hand: Creating The Illuminated Journal

By Susan E. Moyer

Life In Hand: Creating The Illuminated Journal is a comprehensive guide to creating beautiful and meaningful illuminated journals. Author and artist Susan E. Moyer shares her techniques for creating stunning pages using a variety of media, including watercolors, gouache, acrylics, and ink.



## A Life In Hand: Creating the Illuminated Journal

by Hannah Hinchman

★★★★☆ 4.5 out of 5

Language : English

File size : 6855 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Print length : 160 pages



The book begins with a brief history of illuminated manuscripts and their resurgence in popularity in recent years. Moyer then provides a detailed overview of the materials and techniques that she uses to create her own illuminated journals.

The bulk of the book is devoted to step-by-step instructions for creating a variety of illuminated journal pages. Moyer provides clear and concise instructions, accompanied by beautiful photographs of her own work.

The book concludes with a chapter on how to use illuminated journals for personal growth and reflection. Moyer offers suggestions for using illuminated journals to track your dreams, goals, and experiences.

Life In Hand: Creating The Illuminated Journal is a beautiful and inspiring book that will appeal to anyone who loves to create art or keep a journal. Moyer's clear instructions and stunning artwork will help you to create your own unique and meaningful illuminated journal.

### **What You'll Learn in Life In Hand:**

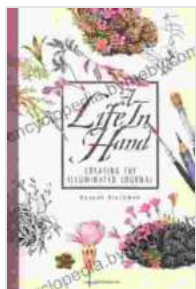
- The history of illuminated manuscripts
- The materials and techniques used to create illuminated journals
- Step-by-step instructions for creating a variety of illuminated journal pages
- How to use illuminated journals for personal growth and reflection

### **Who Should Read Life In Hand:**

- Artists and crafters who want to learn how to create illuminated journals
- Journalers who want to add a touch of beauty to their journaling practice
- Anyone who loves to create beautiful things

### **Free Download Your Copy of Life In Hand Today!**

Life In Hand: Creating The Illuminated Journal is available now from Our Book Library, Barnes & Noble, and other major booksellers.



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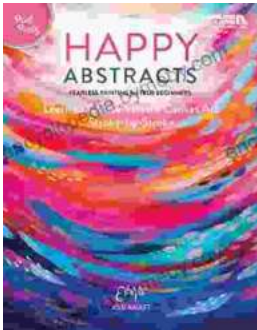
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