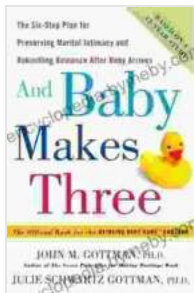


# And Baby Makes Three: The Ultimate Guide to the First Year of Parenthood

Congratulations! You're expecting a baby. Or maybe you're already a parent of a newborn. Either way, you're in for an amazing journey. But it can also be a challenging one.



## And Baby Makes Three: The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives by Julie Schwartz Gottman

★★★★☆ 4.6 out of 5

Language : English  
File size : 2884 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 272 pages



That's where **"And Baby Makes Three"** comes in. This comprehensive guide will help you navigate the first year of parenthood with confidence and ease.

In this book, you'll find everything you need to know about:

- Feeding your baby
- Diapering your baby

- Bathing your baby
- Dressing your baby
- Sleeping your baby
- Caring for your baby's health
- And much more!

Written by a team of experienced parents and pediatricians, "**And Baby Makes Three**" is the only guide you'll need to get through the first year of parenthood.

So what are you waiting for? Free Download your copy of "**And Baby Makes Three**" today!

### **What's Inside "And Baby Makes Three"?**

"**And Baby Makes Three**" is packed with information and advice to help you through the first year of parenthood. Here's a sneak peek at some of the topics covered:

- **Feeding your baby:** Learn about different feeding methods, including breastfeeding, bottle-feeding, and formula-feeding. We'll also provide tips on how to establish a good feeding routine and how to deal with common feeding problems.
- **Diapering your baby:** Diapering a newborn can be a messy job, but it's essential to keep your baby clean and comfortable. We'll teach you how to change a diaper quickly and easily, and we'll provide tips on how to prevent diaper rash.

- **Bathing your baby:** Bathing a newborn can be a relaxing experience for both you and your baby. We'll provide step-by-step instructions on how to bathe your baby safely and effectively.
- **Dressing your baby:** Dressing a newborn can be a challenge, but it's important to keep your baby warm and comfortable. We'll provide tips on how to choose the right clothes for your baby and how to dress your baby for different occasions.
- **Sleeping your baby:** Sleep is essential for newborns, but it can be hard to get them to sleep through the night. We'll provide tips on how to create a good sleep environment for your baby and how to help your baby fall asleep and stay asleep.
- **Caring for your baby's health:** Newborns are susceptible to a variety of illnesses and infections. We'll provide tips on how to prevent and treat common childhood illnesses, and we'll also discuss when to call the doctor.

**"And Baby Makes Three"** is the only guide you'll need to get through the first year of parenthood. Free Download your copy today!

### **Why Choose "And Baby Makes Three"?**

There are a lot of books out there about parenting, but **"And Baby Makes Three"** is the only one you need. Here's why:

- **Comprehensive:** "And Baby Makes Three" covers everything you need to know about the first year of parenthood, from feeding and diapering to sleeping and caring for your baby's health.

- **Authoritative:** "And Baby Makes Three" is written by a team of experienced parents and pediatricians. You can trust the information and advice provided in this book.
- **Easy to understand:** "And Baby Makes Three" is written in a clear and concise style. You won't have to wade through a lot of jargon to get the information you need.
- **Well-organized:** "And Baby Makes Three" is well-organized and easy to navigate. You can quickly find the information you need, when you need it.
- **Affordable:** "And Baby Makes Three" is an affordable way to get the information and advice you need to get through the first year of parenthood.

**"And Baby Makes Three"** is the only guide you'll need to get through the first year of parenthood. Free Download your copy today!

**Free Download Your Copy Today!**

**"And Baby Makes Three"** is available now at Our Book Library.com and other major retailers. Free Download your copy today and start your journey as a parent with confidence and ease!

# And Baby Makes Three

The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives

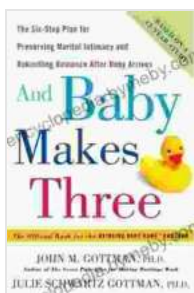


The Official Book for the **BRINGING BABY HOME™** PROGRAM

**JOHN M. GOTTMAN, PH.D.**

Author of *The Seven Principles for Making Marriage Work*

**JULIE SCHWARTZ GOTTMAN, PH.D.**



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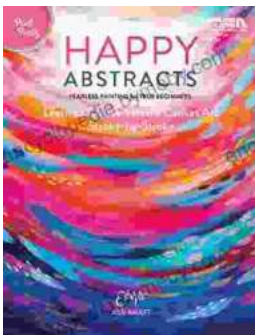
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